

Learning for Life

22nd September Issue 3

Thank you

Thank you for your continued patience as we adapt to the changes in drop off and pick-ups.

Photos

The children have had their photos taken today. Please look in their school bags for the proofs, which will also have instructions of how to order.

TALKWORKS

TALKWORKS is a free NHS mental health service offering psychological therapies to adults (18+) living in Devon who are experiencing depression, stress and anxiety. We predominantly offer Cognitive Behavioural Therapy (CBT). We accept self-referrals via phone or website, as well as written referrals from professionals. There is currently a short wait of about 2 weeks for an initial assessment. We offer one to one treatment, a 6 week course (via Microsoft Teams) and an online platform called Silvercloud.

To book an assessment please call 0300 555 33 44 or visit our website www.talkworks.dpt.nhs.uk

Talking Health with TALKWORKS:

A two-hour workshop focusing on the link between mental and physical health, and managing depression and anxiety in relation to a long term health condition.

- Tuesday 19th of October at 12:00
- Wednesday 24th of November at 14:00
- Thursday 16th of December at 15:00
- Friday 21st of January at 12:00

Stress Less with TALKWORKS:

A two-hour workshop introducing you to a range of CBT techniques to help you manage stress. It covers managing when worry is taking over your life; creating manageable routines and tips to help you get a better night's sleep.

- Tuesday 12th of October at 13:00

Save our Books

A gentle reminder, please could you remember not to put drinks into book bags as drinks bottles often leak and then spoil the reading books.

School Lunches

Just a reminder that the Dinner Money Arrears Policy says that for accounts that are in debt by £15 or more the school will ask you to provide your child with a packed lunch until the debt has been cleared. This is the total amount owing for the family, not for individual children.

If you request further lunches without clearing the account your child will be given a school packed lunch for which you will be charged the full lunch price, which is currently £2.30.

I would like to take this opportunity to remind you that all lunches must be paid for in advance.

Emails

If you need to contact your child's teacher please use the email addresses below:

yearr@willand.devon.sch.uk year1@willand.devon.sch.uk year2@willand.devon.sch.uk year3@willand.devon.sch.uk year4@willand.devon.sch.uk year5@willand.devon.sch.uk

year6@willand.devon.sch.uk

Willand School PTFA Christmas Fundraiser

Dear Parents, a flyer will be coming home in your child's bag this week with details of our Christmas fundraiser where children can design artwork, which can be reproduced on a variety of products. Last year we raised £230!

The paper for doing the artwork will be given out in school via your child's class teacher shortly. The children will either be doing their pictures during school time or will be put in their trays for bringing home to do (should they wish to).

The artwork must be returned to the school office by no later than Wednesday 20 October. Please mark for the attention of the PTFA.

All enquiries can be sent to

<u>www.willandschoolptfa@gmail.com</u>, or to Joanna Jacobs. Details of what you can purchase are on the flyer (such as cards, mugs and calendars), but also at

www.xmas4schools.co.uk

Payment instructions will be on the flyer and can be made online. We will remind you nearer the time!

Contact us: Telephone: 01884 820367 / 829463 Website: www.willand.devon.sch.uk governors@willand.devon.sch.uk lunches@willand.devon.sch.uk absence@willand.devon.sch.uk

Online Payments: https://login.schoolgateway.com

Birthday Sweets and Cakes for Class

Please can we ask that you do not send sweets and cakes in to class for your child's birthday. This then avoids any hurt or disappointment for the many pupils who have special dietary requirements or allergies. Thank you for your co-operation.

Coats & Layers

With the change in weather conditions and temperature, it is essential that children have layers as the classrooms have to be ventilated. Children also need to bring coats in to school, as they will be going out to play where possible. Please can you help by practising with your child how to do their coats up — especially their zips. Thank you.

Morrisons Help to Grow Scheme

For every £10 you spend (in store or online) at Morrisons, you'll get a Grow Token to help us get everything we need to get growing. Download the MyMorrisons app today to start collecting Grow Tokens.

We will be able to exchange the Grow Tokens for free gardening equipment to help support the children's science and gardening projects.

October Half Term

October half term sports club @ Halberton Primary School.

Primary Sports and Education to host provision on: 27th, 28th, 29th October. 0830-1530 or 0800-1730. 10% discount on all sibling bookings. To book, visit primary-sports.co.uk and click Halberton camps.

For more info, contact greg.hooper@primary-sports.co.uk

Lunch Menu for week commencing 27th September 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pepperoni Pizza	Boston Meatballs (Turkey)	Roast Beef & Yorkshire Pudding	Homemade Sausage Rolls	Harry Ramsden Fish
Cheese Pizza	Vegetarian Balls	Quorn Sausage	Cauliflower Cheese	Vegetarian Quiche
Pasta / Potato Wedges Sweetcorn	Spaghetti Broccoli	Roast / Mash Potatoes Fresh Carrots Gravy	Mash Potato or Pasta Baked Beans or Peas	Fries or Pasta Seasonal Vegetables Tomato Sauce
Ice Cream & Pineapple	Syrup Sponge & Custard	Fruit Smoothie or Cheese & Crackers & Apple Slice	Meringue Nest with Peaches & Cream	Iced Sponge

Baked potatoes with cheese, beans, cheese and beans or tuna. **Pasta Pots** with Italian tomato sauce, chicken and sweetcorn, cheese or tuna. Fresh fruit and yoghurts are available daily.

Keep safe and keep well Anne Hawkins Headteacher

Contact us: Telephone: 01884 820367 / 829463 Website: www.willand.devon.sch.uk Email: admin@willand.devon.sch.uk absence@willand.devon.sch.uk

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